- I. Psalm 91: a psalm all about abiding with the Lord
 - A. The psalm speaks of joining oneself more closely to God to receive his help and support.
 - B. Vv. 1-2: Titles of God reveal his character and promises
 - 1. Yahweh -personal name of the Lord
 - 2. Elyon-most high
 - 3. Shaddai-the almighty
 - C. Shelter
 - 1. Christ is our shelter. He overshadows us with his love.
 - 2. Abides-to keep coming back to dwell there.
 - D. God most high.
 - 1. Psalmist makes a key distinction because there were other competing gods, Powers and demonic powers. Ie. Ex. 15
 - 2. Abide-John 15. To put down roots. This means establishing a healthy Relationship with God in one's private time.
- II. The Promise vv. 3-4
 - A. Deliver-one is being hunted down and we are delivered from the hunter. Reference to demonic spirits that can cause chaos. See Mark 16:15-20.
 - B. Pestilence-plagues and locusts that destroy; see Joel 1:4
 - C. V. 4-cover-illustrating a mother eagle covering her babies with her large Outstretched winds. "He will rescue you.." or We can't be touched.
- III. VV. 5-8: No room for fear.
 - A. No room for fear because of the protection of the Lord.
 - 1. So overwhelming is the Lord's intervention: God is for the person who Abides with Him.
 - 2. Lord is my refuge: hedge of protection
 - 3. Angels -guardians but also a personal touch of the Lord's presence Accompanying, defending and preserving us.
 - B. Vv.14-16. Intimacy with the Lord
 - 1. Now, in the psalm, the Lord speaks to the psalmist.
 - 2. "I will raise him up to a high, secure place.."
 - 3. The binding covenant -a person loves the Lord, lives by His word, Calls upon him: He will surely answer and deliver the person when They are in trouble and times of adversity.

Reflection:

- 1. Psalm 91 is based on "abiding" with the Lord. How would you evaluate your quiet time with the Lord?
- 2. The nature of the Lord is "Most high". Why is the character of the Lord significant for us to be aware of in times of adversity?
- 3. What is the basis of living with "no room for fear"?